

Michael_Kascak@Needham.k12.ma.us

Chanit_List@needham.k12.ma.us

Lori_Donovan@Needham.k12.ma.us

Main Office -- 781-455-0461

Hillside News January 12, 2018



IMPORTANT DATES



- 15 Schools Closed/Martin Luther King Jr. Day
- 16 Delayed Opening/School Starts 10:20 a.m.
- 31 Early Release/Dismissal at 12:15 p.m.

News from Mr. K

Bravo to our student musicians and singers who entertained us with two wonderful concerts this week! The song about peace sung by our fifth graders was particularly moving, and timely, as we head into a long weekend commemorating Dr. Martin Luther King, Jr., one of the youngest recipients of the Nobel Peace Prize. I would also like to acknowledge and thank the dedicated staff: Lynne Doran, Sarah Casados, Mark Smith and our accompanists, Linda Aiken and Ludmilla Geyer, who all helped showcase the talents of our enthusiastic Hillside students.

On another note, as I mentioned at both concerts, any fourth or fifth grade families who could not make last night's informational meeting and are at all interested in traveling to Beijing in April should feel free to contact me. It is an amazing experience!

And finally, a reminder about the pick-up line which fills Castle and McCulloch Streets at the end of each school day... I realize that snow piles make this request even more challenging, but we really need to be cognizant of not blocking any of the neighbors' driveways. Your effort in this matter is greatly appreciated.

Thank you,
Mr. K

PTC Hillside Hornet Buzz

We hope everyone is enjoying this winter warm up after all the cold and snow! We have lots of great events coming up so check them out!

Our next PTC meeting is on **January 24, 2017 at 8:45 a.m.** Superintendent Dan Gutekanst will share with us a number of

topics related to Needham Schools and answer any questions that our parent community may have. Dr. Gutekanst is always a very engaging and informative speaker - You don't want to miss it!

Get your tickets for our third annual **PARENT SOCIAL which will be held on Saturday, January 20 at the Village Club!!** This year we will be hosting a Hillside Hoedown so grab a cowboy hat and some boots and come on down to the Village Club for dancing, games, and a ride on our **mechanical bull!** You will also have an opportunity to bid on amazing Teacher Experiences donated by our fantastic staff, such as Principal for a Day, a Flag Football game with Mr. Tatro and 9 of your friends, and Front Row Seats at the Spring Concert among lots of others and bid on Designing the Room of your Dreams with Interior Designer Dina Holland. Plus you can enter our raffle for a chance to win some great prizes, including Mobile Car Detailing donated by the families of Birch St. It'll be a night to remember! Please note this is a parent-only event. Purchase tickets prior to the event and you will receive one free raffle ticket. **To purchase TICKETS**, go to <https://hillside-ptc.ticketleap.com/hillsidewintersocial>. Contact Meg Rosenbaum (megrosenbaum11@gmail.com) or Kristen Birnbaum (kristentobin@hotmail.com) with any questions.

The PTC will be hosting our **"Meet up & Skate"** event at Babson College on January 21st from 5:00-6:50 p.m. This is a fun event for the whole family so save the date and get ready to skate! Skates will be available for rent. Please see attached flyer for more information and contact Julie Lanza with any questions @ julielanelanza@gmail.com.

Hillside Night at Bertucci's! Take a night off from figuring out your dinner plans. Dine in or take out at Bertucci's on **Thursday, January 24th** and Bertucci's will donate 25% back to the PTC. Bring the flyer attached to

this newsletter or just show your server with your phone when you pay and Hillside will receive the percentage.

Upcoming Events

Looking ahead... Candy Bar Bingo Night is Friday, February 2 at 6:30 p.m.!! Join us for this beloved annual event. We are in need of volunteers for this event – sign-up to volunteer at <http://www.signupgenius.com/go/20f0c4cacad22a5fa7-candy1>. Please contact Julie Lanza at julielanelanza@gmail.com for more information.

Bulletins:

Message from the Yearbook: If you've got great photos of school and community events or you and your friends just having fun, we'd like to see them. Our photographers can't be everywhere. Help us get as many photos as possible to create a terrific book everyone will want to have. Here is how you can submit photos online:

- Go to: <https://images.memoryebooks.com/login>
- If it does not automatically log you into the site, enter username: 409683606
- Browse to select the photo(s) you wish to upload.
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Save Details".

It's that easy! Submit your photos today! Any questions, please contact Sam Shapiro @ samshap333@hotmail.com.

Community

NEF Large Grant Applications Due January 23rd

Do you have an innovative and collaborative idea that has the potential to make a broad and lasting impact on Needham public school students? The Needham Education Foundation (NEF) is now accepting Large Grant applications for funding up to \$15,000. They can support one- or two-year programs and can benefit the entire school system, multiple schools, an entire school, or a distinct population within the system. Past awards include Google Virtual Reality Expeditions Kits at High Rock, a portable planetarium for the Science Center, and funding for interdisciplinary learning pilot programs. For two-year grants, applicants must re-apply to explain the need for a second year of funding (up to \$15,000 for the second year, but approval is not guaranteed). Applications are due January 23rd with award notification in late February and funds available in April. Questions? Please visit nefneedham.org or contact Maureen at mcallahan@nefneedham.org.

The next **SEPA Educational Presentation** will be held on Wed. Jan 17 presenting **The Whats, Whys, and Whens of Neuropsychological Testing**.

Dr. David Stein will join us to discuss:

- Why and when would I seek a neuropsych for my child?
- What's the difference between a school evaluation, private neuropsych testing, and hospital-based testing?

- What factors and practices lead to a high quality and useful evaluation?
- What kinds of tests should be performed?
- What is the process and what should I expect to receive from the evaluation?
- What do the results mean and how do I interpret them?

Dr. David Stein is a pediatric psychologist specializing in neuropsychological testing, neurodevelopmental disorders, and learning differences. He is the founder of New England Neurodevelopment, a pediatric psychology practice located in Concord, MA. Dr. Stein completed his training at Boston Children's Hospital and Harvard Medical School, where he remained on the faculty through 2016, before founding New England Neurodevelopment.

Wednesday, January 17th

Refreshments: 7:00 pm

Program: 7:30 – 9:00pm

Broadmeadow School Performance Center

[120 Broadmeadow Road, Needham](#)

Calling All Spellers: Rally a Team for the NEF Bee!

Represent Hillside and support enrichment! Rally a team for the 2018 Needham Education Foundation (NEF) Spelling Bee on **Sunday, March 18** at 3 p.m. in the Needham High School gymnasium.

As the NEF's largest fundraiser, the Bee draws spellers of all ages from Needham schools, businesses, and the community. Your registration fee will help to fund innovative, educational, and enriching programs for Needham Public School students in grades K-12.

Interested in forming a team to represent Hillside, please contact Erin (eringapstein@gmail.com) and Meg (megrosenbaum11@gmail.com).

Other PTC Fundraisers

Box Tops: We are continuing to collect Box Tops for Education and our next contest will begin on Feb 5 through Feb 16. PLEASE be sure to save them and ask friends and neighbors to as well!

Amazon Smile: When you shop Amazon, be sure to shop via the Amazon Smile link and designate the Hillside Parent Teacher Council Trust as your charity of choice. Amazon will donate a portion of their proceeds back to the PTC every time you purchase eligible items. It takes very little effort, but the pay-off for the PTC is great!

Seeking Volunteers

The PTC depends very heavily on parent volunteerism. We are fortunate to have many very dedicated parents who step up each year to run committees, but we are always looking

for more help! Below are some great volunteer opportunities we hope you will consider:

Seeking parent volunteers to help on Fridays at Morning Mingle for the **Buzz Across America** initiative. This initiative will continue until we make it across the country to California. As a reminder, each student can contribute miles to the journey by earning popsicle sticks one of two ways: (i) run laps around the Hillside field on Friday mornings at Morning Mingle and earn 1 popsicle stick for each lap; and/or (ii) walk/bike to school any day and earn 2 popsicle sticks. **To volunteer, please sign up at <http://www.signupgenius.com/go/20f0c4cacad22a5fa7-hornets>.** Any questions, please contact Seema Meloni @ seema.meloni@gmail.com.

Seeking 1st Grade Cafeteria Volunteers: Parent volunteers help the students get through the lunch line more quickly so that they have ample time to eat and help the 1st graders learn to clean up before the next lunch shift comes in. You can sign-up for as many or as few days as you can offer. To sign up, either contact **Erin Ellis** at erinellis03@gmail.com or go to the Sign up Genius link: <http://www.signupgenius.com/go/8050d4badaa22a31-first1>

To ensure you get all our future updates, please **LIKE us on Facebook (Hillside Elementary School PTC, follow us on Twitter at @hillsideptc and register your information through our website www.HillsidePTC.org** so that you will receive our email blast.

PTC Co-Presidents
Erin Apstein, eringapstein@gmail.com
Meg Rosenbaum, megrosenbaum11@gmail.com
www.HillsidePTC.org



A Message from Mrs. Greiff...

With all the illnesses going around, please refer to the attached chart, which outlines the differences and similarities between the common cold and the flu. Also attached is a letter to all parents from Barbara Singer, Director of Health Services for NPS regarding the flu. If you have any questions, please feel free to call Debbie Greiff at 781-455-0461 x228.



Needham School Committee FY19 Budget Hearing

The Needham School Committee will conduct a public hearing on the School Department's FY19 proposed budget on Tuesday, January 16, 2018 in the Broadmeadow School Performance Center at 7:00 p.m. The School Committee

welcomes public participation in the School Department's budget discussion.

Tickets are on sale now for **A Cappella Go!** — the annual concert showcasing Needham High School (NHS) student and alumni a cappella groups. A Cappella Go! will be held on **Saturday, January 20 at 7:30 p.m.** in the Needham High School Auditorium, [609 Webster Street, Needham](http://www.needhamhsh.org). **Doors open at 7:00 p.m.** To purchase tickets, download the **[Ticket Order Form](#)** at www.nhsfriendsofmusic.org. Ticket prices are \$12 through January 18, \$15 at door.



Needham Boys Lacrosse - Spring 2018

Lacrosse is the fastest game on two feet and one of the fastest growing sports in the U.S. Registration is open now through Feb 16 for new and returning players from grades K-8 for the Spring 2018 season. Please go to www.needhamboyslacrosse.com and select "Register Online" from the left side of the main page. You may also contact Joe Vivaldi at j_vivaldi@yahoo.com with additional questions.

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6th Annual Parent Talk Summer Camp Information Fair

Date: Wednesday, January 24th
Time: 7pm-9pm
Location: Needham High School cafeteria, 609 Webster Street, Needham
Cost: FREE for Parent Talk members; \$10 for non-members
RSVP: No advance registration required.

The Summer Camp Fair will provide parents and caregivers the opportunity to meet with representatives of local summer camps and gather information on programs for their

families. Questions, please contact ptcampfair@gmail.com

Summer Explorations

NCE's Summer Explorations program offers students entering grades 1–9 more than 80 week-long, morning, afternoon and full-day enrichment classes in July. There are classes in science, sports, fine and performing arts, culture, cooking, crafts, technology, engineering and more to appeal to the inquisitive, active, and creative child. All classes are taught by Needham Public Schools teachers and other trained education professionals. The relaxed and fun setting of Summer Explorations provides an excellent opportunity for children to develop new skills and to explore new interests! Visit Summer Explorations [online](#) for more information!

Important dates: February 6: Sneak Peek of classes available – **March 9:** Catalog of classes available – **March 12:** Registration opens at 7:00am



Bookventurers Book Club

Saturday, January 13th 3:15-4:15

This monthly book club is for children in Grades 3-5. This month, participants will read the book *Leaving Gee's Bend* by Irene Latham. Copies of the book are available at the Children's Desk. During the meeting, children will discuss the book, Skype live with the author, and enjoy activities and snacks related to the story.

Art Makers with Nicole Donson

Tuesday, January 16th 4:00 pm

Local artist Nicole Donson will read and examine an art-themed picture book with children ages 5 and up. Children will make their own color monster using mixed media.

Lego Time

Wednesday, January 17th 4:00 pm

Children ages 5 and up are invited to come build with our extensive Lego collection. Parents and caregivers are encouraged to take photos of their child's creations, which may be displayed in the library.

Family Activity Morning

Saturday, January 20th 10:00-11:30 am

Families with children of all ages are welcome to come make crafts, play games and collaborate on projects together.

Indoor Mini-Golf

Tuesday, January 23rd 3:30-7:00 pm

People of all ages from toddlers to senior citizens are welcome to play Mini-Golf - inside the library. A professional mini-golf course will be set up in the Community Room by Joe Buckley of Mobile Mini Golf, along with pencils, score pads, balls and clubs of every size. Come inside and play!

Winter Crafts

Wednesday, January 24th at 3:30 pm

Children ages 6 and up are invited to drop in for a make-n-take winter themed craft activity.

Yoga

Saturday, January 27th 10:30 am

Children ages 5-9 are invited to stretch out in this free yoga class offered by a professional yoga instructor. Please bring your own mat or beach towel.

Movie Makers Workshop

Wednesday, January 31st 4:00-5:30 pm

Children ages 8 years and up will work together in groups to make their own stop-motion animation movie using library equipment. Registration is required and is limited. To register, please stop by the Children's Desk or call 781-455-7559 x 204.

Anime Movie "Your Name"

Thursday, January 4th 3:00-4:30 pm

Youth ages 6-18 are invited to a free viewing of Director Makoto Shinkai's Japanese film, *Your Name* (Kimi No Na Wa) rated PG. In this movie, two young people fates may be more entwined than they know. Snacks will be served.

Joy of Coloring (And Other Crafts)

Thursday, January 11th 3:30-5 pm

People ages 9-18 can come and create a work of colorful art or a craft project.

Winter Wall Hanging

Thursday, January 18th 4:00-5:00 pm

See how origami, string and a little driftwood can be transformed into a Winter Wall Hanging.

Game Day Afternoon

Thursday, January 25th 3:30-5:30 pm

Electronic games on the XBox One, board games, card games and puzzles will be available to enjoy or participants may bring a game of their own to share.

Dear Families,

Happy New Year! I thought I would provide you with some information regarding influenza (the flu), as we are in “flu season”, and according to the Centers for Disease and Prevention (CDC), influenza activity has increased. Flu season peaks between December and February but the flu can occur between October and May.

Influenza is a respiratory viral illness that is contagious and can be spread from up to 6 feet away. Influenza is spread through “droplets” which occur when infected people cough, sneeze or talk.

Prevention-As influenza is contagious, it is important to take the following measures to prevent the spread of the flu:

- Get vaccinated annually with the injectable flu vaccine
- Avoid close contact with people who are ill
- Stay home until you are fever free for 24 hours off of all fever reducing medications
- Cover your nose/mouth with a tissue when coughing/sneezing
- Don’t touch your nose/mouth/eyes
- Proper handwashing (washing with warm, soapy water for at least 20 seconds)
- Use a disinfectant cleaner to wipe down common items such as doorknobs, computers, phones, etc.

Symptoms of flu include: fever/chills, cough, sore throat, runny nose or nasal congestion, muscle or body aches, headaches, and fatigue.

Treatment includes: rest, hydration, analgesics/fever reducing medication such as Acetaminophen and/or Ibuprofen, and antiviral medications (as prescribed by your healthcare provider.) If you have symptoms of the flu, check with your healthcare provider promptly. Antiviral medications may be an option and when taken within 48 hours of symptoms, these medications may lessen the duration and severity of the flu. In addition, antivirals that are taken after 48 hours may still be effective.

Most people recover in a few days to a week. For more information, visit the following websites:

<https://www.mass.gov/influenza> <https://www.cdc.gov/flu/about/index.html>

Stay well!

Barbara Singer MSN, RN, NCSN

Reference Centers for Disease Control and Prevention (2018). Influenza (Flu). Retrieved from <https://www.cdc.gov/flu/about/index.html>

Colds versus Flu: How to Tell the Difference

Are you coming down with a cold? Do you have the flu?
The table below shows some differences and similarities between colds and flu.

Differences Between Colds and the Flu	
WITH A COLD:	WITH THE FLU:
Symptoms are usually less severe than flu symptoms	Symptoms are usually more severe than cold symptoms
Symptoms develop gradually over a few days.	Symptoms come on quickly and severely.
You rarely have a fever.	You almost always have a fever .
You feel sick mostly in your head and nose.	Your entire body feels sick.
Body aches, headaches and pain are usually mild if you have them.	Body aches, headaches and pain are common and can be severe.
You may or may not feel tired and weak.	Tiredness and weakness are common.
There is no vaccine to protect you.	You can get vaccine (a shot or the nasal spray) to protect yourself.
There are no prescription medicines to treat colds.	There are prescription medicines to treat the flu.
Similarities Between Colds and the Flu	
WITH A COLD:	WITH THE FLU:
Caused by a virus.	Caused by a virus.
Affects the body's breathing system (nose, throat, windpipe and lungs).	Affects the body's breathing system (nose, throat, windpipe and lungs).
Usually goes away on its own.	Usually goes away on its own.
You should contact your doctor if symptoms change or get worse.	You should contact your doctor if symptoms change or get worse.

JOIN US FOR MOVIE NIGHT

Support School On Wheels



The Secret Life of Pets is an animated comedy about the lives our pets lead when we leave for school or to work every day. It follows the life of Max, a terrier, who's owner adopts a new dog. When Max is no longer the favorite dog, he brings his fellow abandoned friends along on a mission against the humans who have done them all wrong.
Rated (PG)

Contact Ashley Rose and Kelsey Design with any questions
SOWMANHS@gmail.com ashleyprose@gmail.com desingkelsey@gmail.com

SOWMA Club Needham High

School on Wheels of Massachusetts supports and guides children affected by homelessness socially, academically, and emotionally. SOWMA believes that by combating homelessness through support, children can thrive to their fullest potential.

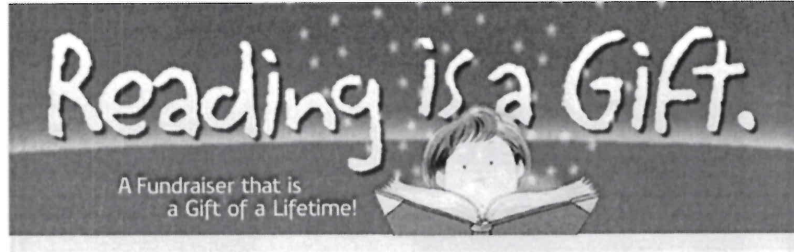
Please join us to be apart of the change. Donations are welcome and food will be available for purchase.

What: Movie Night to support School on Wheels of Massachusetts

When: January 19, 2018 from 6-8

Where: Needham High School Cafeteria

Admission: Free; recommended donation of \$7. Food will be available for purchase



Hillside Gift Book Program

Ever wonder about those nameplates in books your child brings home from the media center? Interested in dedicating a book to your child or someone you really cherish? It's so easy to do!

Complete the form below and send in a payment of \$15. When the donation is received, a bookplate will be put inside the cover of a special book to acknowledge the donor and honoree.

All proceeds directly benefit the Hillside Media Center!

In celebration of _____

OR

In honor of _____

Child's or Family's Name _____

Please complete 1 form per book and include \$15 cash or check (payable to "Hillside PTC") per book with this form.

Parent's Name (please print)

Date

Bertucci's

Dining for Dollars

When you present this flyer, up to **25%** of all proceeds from your event* will be donated back to:

Dine-in or Carryout.**

ALSO RAISE DOLLARS WITH **2GO**

*Bertucci's awards funds raised from fundraising events based on a tiered give-back. Organizers can receive up to 25% when their event generates \$2,000 or more in net sales, excluding tax, tip, gift card sales, and offers/discounts. Give-back Tiers: Raise up to \$999 in net sales and receive 15% back; Raise up to \$1,999 in net sales and receive 20% back; Raise \$2,000 or more in net sales and receive 25% back.

**If ordering online, please select "Pay at Restaurant" and present this flyer when picking up your order to ensure the organization receives your donation.

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