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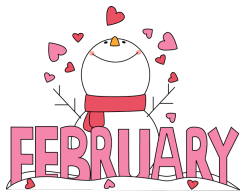
Hillside News January 19, 2018



IMPORTANT DATES



31 Early Release/Dismissal at 12:15 p.m.



01 Polar Bear Prowl - Walk, Bike, Ski to School
13 Early Release/Dismissal at 12:15 p.m.
19 February Recess
26 Classes Resume

PTC Hillside Hornet Buzz

It's a fun-filled Hillside weekend! We hope to see many of you at our weekend events!

THIS SATURDAY (January 20th) JOIN US at the Village Club 7:30 p.m.-11:00 p.m. for the Hillside Hornets Hoedown!!! We have extended the deadline to purchase tickets online and receive a free raffle ticket. NOW, if you purchase tickets by 5 p.m. on Friday, January 19th, you will receive one (1) free raffle ticket at the party (and this applies to all those who have already purchased tickets)!! SO if you haven't purchased tickets yet, IT'S NOT TOO LATE!!! Online ticket sales close by TODAY at 5:00 p.m. To purchase tickets online, go to <https://hillside-ptc.ticketleap.com/hillsidewintersocial>

We are thrilled to have sold many tickets already – but **DON'T WORRY** because you can also **buy tickets at the door**. We hope to see you Saturday night!!!

Please note this is a parent-only event. Grab a cowboy hat and some boots and come on down to the Village Club for dancing, games, and a ride on our **mechanical bull!** You will also have an opportunity to bid on amazing Teacher Experiences donated by our fantastic staff, such as Principal for a Day, a Flag Football game with Mr. Tatro and 9 of your friends, and Front Row Seats at the Spring Concert among lots of others and bid on Designing the Room of your Dreams with Interior Designer, Dina Holland. Plus you can enter our raffle

for a chance to win some great prizes, including Mobile Car Detailing donated by the families of Birch Street. Contact Meg Rosenbaum (megrosenbaum11@gmail.com) or Kristen Birnbaum (kristentobin@hotmail.com) with any questions.

AND ON Sunday... Meet up and Skate @ Babson!! This Sunday, January 21st from 5:00-6:50 p.m. Hillsiders - get ready to skate! Join fellow Hillside families at the Babson Skate Center for a Meet Up & Skate to celebrate the new year! This is a fun event for the whole family so save the date and get ready to skate! Skates will be available for rent. The Babson Skate Center accepts cash (including pricing) and contact Julie Lanza with any questions @ julielanelanza@gmail.com.

Our next PTC meeting is on **January 24, 2017 at 8:45 a.m.** Superintendent Gutekanst will share with us a number of topics related to Needham Schools and answer any questions that our parent community may have. Dr. Gutekanst is always a very engaging and informative speaker - You don't want to miss it!

Hillside Night at Bertucci's! Take a night off from figuring out your dinner plans. Dine in or take out at Bertucci's on **Wednesday, January 24th** and Bertucci's will donate 25% back to the PTC. Bring the flyer attached to this newsletter or just show your server with your phone when you pay and Hillside will receive the percentage.

Upcoming Events

Candy Bar Bingo Night is Friday, February 2nd at 6:30 p.m.!! Join us for this beloved annual event. We are in need of volunteers for this event – sign-up to volunteer at <http://www.signupgenius.com/go/20f0c4cacad22a5fa7-candy1>. Please contact Julie Lanza at julielanelanza@gmail.com for more information.

START SAVING BOX TOPS for our next BOX TOPS CONTEST the BOX TOPS BLIZZARD which will be held from **February 5th through February 16th**. The class that submits the most *unexpired* Box Tops will win a popsicle party! Contest ends, February 16th so start clipping and ask friends and neighbors to start clipping as well!!! See flyer at the end of the newsletter for additional details. Please contact Joyce McCafferty @ sjsong77@yahoo.com with any questions.

The Hillside v. Eliot “Hoops in the Heights” Basketball Game is Friday, March 16th at Needham High School – Gym A. Doors open at 5:30 p.m. and **tip-off is at 6:00 p.m.** Pizza and other concessions sales will start at 5:30 p.m. so come have pizza for dinner and get great seats for the game! More details to follow as the game gets closer. **For now, the game needs PARENT PLAYERS!** To register to play, please use the following link to **complete the registration form no later than FEBRUARY 16th**: : <https://goo.gl/forms/qnwKuJ0AzUQ6FBs11>. Contact Betsy Alperstein (balperstein@gmail.com) or Erin Apstein (eringapstein@gmail.com) for more information!!!!

Committee Messages:

Message from the Used Book Sale Committee:

USED BOOK SALE IS COMING! It's time to start planning for our annual Used Book Sale! With the cold keeping us indoors, this is the perfect time to look through your attics, bookcases and basements for adult and children's books that you are ready to pass along! The “mission” of this sale is simply to promote and support literacy at Hillside School, and all donations support this mission. Some of your donated books are put directly into circulation in our Media Center and classrooms; others are sold at the sale, with all proceeds returned to the Media Center for the purchase of new materials. All teachers bring their classes to visit the sale, and parents are encouraged to shop any time – and prices are very low so that everyone can find a treasure. We will be collecting books for the next few weeks in the lobby, so please consider donating your used books to benefit Hillside! If you have any questions please contact Sharon Ayres (soayres@gmail.com) or Joanie Daly (jdayadaly@gmail.com).

Message from the Yearbook:

If you've got great photos of school and community events or you and your friends just having fun, we'd like to see them. Our photographers can't be everywhere. Help us get as many photos as possible to create a terrific book everyone will want to have. Here is how you can submit photos online:

- Go to: <https://images.memoryebooks.com/login>

- If it does not automatically log you into the site, enter username: 409683606

- Browse to select the photo(s) you wish to upload.
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Save Details".

It's that easy! Submit your photos today! Any questions, please contact Sam Shapiro @ samshap333@hotmail.com.

Community

Letter from Dan Gutekanst, Superintendent of Schools:

Dear Needham Public Schools Families:

I need your help!

One of the key activities outlined in the [2017-18 Needham Public Schools Goals](#) is to “develop a strategic plan for technology.” The intent of this key activity is for the district to have agreements in place about its vision and accompanying actionable recommendations that further technology-enabled teaching, learning, and organizational productivity. It is this strategic plan that will guide the district's future programmatic, operational, and financial decisions regarding technology.

A broad-based team whose members reflect the insights/thinking of various grade levels and program areas across the district is currently engaged in the work of developing this plan. The charge for the group is to draft a **long-range plan for technology in the Needham Public Schools** with clear goals and milestones that are aligned with the national strategy outlined in the [Future Ready Learning \(U.S. Department of Education\)](#).

As part of this process, we need to ensure that our work is informed by and reflects the thoughts, attitudes, and opinions of all the constituencies within the Needham school community and beyond. To this end, the strategic planning team is asking for about 10 minutes of your time **before January 26, 2018**, to provide us with your perspective on various aspects of current use and future directions for technology within the district.

By completing this survey (https://secure-web.cisco.com/1jZshKia9brtK-dC3agf5nGRVN3FnsdfxfD82o5K0Ri0vwQH-5v9LLNPTxgklFODDI_7_EHyRHkGQkvocLKiHzOD9_1UtJwWvY9niMoqd2btRR34hG2wG_vYSMV9YSwBIWWsNoZcaQyrhKnatUtChyJzSHlf7mzHjM6C6tDg6tEfGJPTaP9N8unheWxiEoAWjQ8UWnDJLl8cvNwR557b4-5rKeIPWxo1-Ah_B1uJEjSyYdUg2VHIA_OidSAnYqT/https%3A%2F%2Fwww.surveymonkey.com/r/VVTPK9P), you will be contributing to the team's thinking and be helping to ensure that all our schools and programs are well-positioned to prepare our students with the knowledge and skills to navigate the realities that they may face in the future.

With many thanks and much appreciation,
Dan Gutekanst, Superintendent of Schools

NEF Large Grant Applications Due January 23rd

Do you have an innovative and collaborative idea that has the potential to make a broad and lasting impact on Needham public school students? The Needham Education

Foundation (NEF) is now accepting Large Grant applications for funding up to \$15,000. They can support one- or two-year programs and can benefit the entire school system, multiple schools, an entire school, or a distinct population within the system. Past awards include Google Virtual Reality Expeditions Kits at High Rock, a portable planetarium for the Science Center, and funding for interdisciplinary learning pilot programs. For two-year grants, applicants must re-apply to explain the need for a second year of funding (up to \$15,000 for the second year, but approval is not guaranteed). Applications are due January 23rd with award notification in late February and funds available in April. Questions? Please visit nefneedham.org or contact Maureen at mcallahan@nefneedham.org.

Calling All Spellers: Rally a Team for the NEF Bee!

Represent Hillside and support enrichment! Rally a team for the 2018 Needham Education Foundation (NEF) Spelling Bee on **Sunday, March 18** at 3 p.m. in the Needham High School gymnasium.

As the NEF's largest fundraiser, the Bee draws spellers of all ages from Needham schools, businesses, and the community. Your registration fee will help to fund innovative, educational, and enriching programs for Needham Public School students in grades K-12.

Interested in forming a team to represent Hillside, please contact Erin (eringapstein@gmail.com) and Meg (megrosenbaum11@gmail.com).

Other PTC Fundraisers

Amazon Smile: When you shop Amazon, be sure to shop via the Amazon Smile link and designate the Hillside Parent Teacher Council Trust as your charity of choice. Amazon will donate a portion of their proceeds back to the PTC every time you purchase eligible items. It takes very little effort, but the pay-off for the PTC is great!

Seeking Volunteers

The PTC depends very heavily on parent volunteerism. We are fortunate to have many very dedicated parents who step up each year to run committees, but we are always looking for more help! Below are some great volunteer opportunities we hope you will consider:

Seeking parent volunteers to help on Fridays at Morning Mingle for the **Buzz Across America** initiative. This initiative will continue until we make it across the country to California. As a reminder, each student can contribute miles to the journey by earning popsicle sticks one of two ways: (i) run laps around the Hillside field on Friday mornings at Morning Mingle and earn 1 popsicle stick for each lap; and/or (ii) walk/bike to school any day and earn 2 popsicle sticks. **To volunteer, please sign up at** <http://www.signupgenius.com/go/20f0c4cad22a5fa7-hornets>. Any questions, please contact Seema Meloni @ seema.meloni@gmail.com.

Seeking 1st Grade Cafeteria Volunteers: Parent volunteers help the students get through the lunch line more quickly so that they have ample time to eat and help the 1st graders learn to clean up before the next lunch shift comes in. You can sign-up for as many or as few days as you can offer. To sign up,

either contact **Erin Ellis** at erinellis03@gmail.com or go to the Sign up Genius link: <http://www.signupgenius.com/go/8050d4badaa22a31-first1>

To ensure you get all our future updates, please **LIKE us on Facebook (Hillside Elementary School PTC, follow us on Twitter at @hillsideptc and register your information through our website** www.HillsidePTC.org so that you will receive our email blast.

PTC Co-Presidents

Erin Apstein, eringapstein@gmail.com

Meg Rosenbaum, megrosenbaum11@gmail.com

www.HillsidePTC.org

More Hillside Buzz...



It's time to start getting your acts ready for this year's Hillside Talent Show, which will be held on Friday April 6th! Be on the lookout for audition dates, and aim to keep your act under 2 minutes. We will also need tons of parent volunteers. Contact hillsideptctalentshow@gmail.com with any questions or to sign up to volunteer!



A Message from Mrs. Greiff...

With all the illnesses going around, please refer to the attached chart, which outlines the differences and similarities between the common cold and the flu. Also attached is a letter to all parents from Barbara Singer, Director of Health Services for NPS regarding the flu. If you have any questions, please feel free to call Debbie Greiff at 781-455-0461 x228.



Needham Girls Youth Lacrosse

Registration has been re-opened through January 31 for the 5th/6th grade travel team as space is available for additional players. New players are welcome. Information about the program and registration can be found at www.needhamlacrosse.com

Needham Girls Youth Lacrosse

Registration for 1st/2nd grade lacrosse clinics is open through March 1. In these clinics, girls are introduced to basic lacrosse skills in a fun, non-competitive environment, with possible games against other towns later in the season. Clinics are held on Saturday morning and are led by Needham High School coach Paula Kelley. Visit www.needhamlacrosse.com to register.

Parent Talk's 6th Annual Summer Camp Fair will be held Wednesday January 24 7-9 pm in the Needham High School Cafeteria. Over 30 area camps will be in attendance, and Parenttalk's 2018 Camp Fair Booklet will be available. The event is free for Parenttalk members and \$10 for non-members - for more info please contact campfair@parenttalk.info or visit our website: <http://www.parenttalk.info/members/community/camp-fair.php>

Summer Explorations

NCE's Summer Explorations program offers students entering grades 1–9 more than 80 week-long, morning, afternoon and full-day enrichment classes in July. There are classes in science, sports, fine and performing arts, culture, cooking, crafts, technology, engineering and more to appeal to the inquisitive, active, and creative child. All classes are taught by Needham Public Schools teachers and other trained education professionals. The relaxed and fun setting of Summer Explorations provides an excellent opportunity for children to develop new skills and to explore new interests! Visit Summer Explorations [online](#) for more information!

Important dates: February 6: Sneak Peek of classes available – **March 9:** Catalog of classes available – **March 12:** Registration opens at 7:00am

Dear Families,

Happy New Year! I thought I would provide you with some information regarding influenza (the flu), as we are in “flu season”, and according to the Centers for Disease and Prevention (CDC), influenza activity has increased. Flu season peaks between December and February but the flu can occur between October and May.

Influenza is a respiratory viral illness that is contagious and can be spread from up to 6 feet away. Influenza is spread through “droplets” which occur when infected people cough, sneeze or talk.

Prevention-As influenza is contagious, it is important to take the following measures to prevent the spread of the flu:

- Get vaccinated annually with the injectable flu vaccine
- Avoid close contact with people who are ill
- Stay home until you are fever free for 24 hours off of all fever reducing medications
- Cover your nose/mouth with a tissue when coughing/sneezing
- Don’t touch your nose/mouth/eyes
- Proper handwashing (washing with warm, soapy water for at least 20 seconds)
- Use a disinfectant cleaner to wipe down common items such as doorknobs, computers, phones, etc.

Symptoms of flu include: fever/chills, cough, sore throat, runny nose or nasal congestion, muscle or body aches, headaches, and fatigue.

Treatment includes: rest, hydration, analgesics/fever reducing medication such as Acetaminophen and/or Ibuprofen, and antiviral medications (as prescribed by your healthcare provider.) If you have symptoms of the flu, check with your healthcare provider promptly. Antiviral medications may be an option and when taken within 48 hours of symptoms, these medications may lessen the duration and severity of the flu. In addition, antivirals that are taken after 48 hours may still be effective.

Most people recover in a few days to a week. For more information, visit the following websites:

<https://www.mass.gov/influenza> <https://www.cdc.gov/flu/about/index.html>

Stay well!

Barbara Singer MSN, RN, NCSN

Reference Centers for Disease Control and Prevention (2018). Influenza (Flu). Retrieved from <https://www.cdc.gov/flu/about/index.html>

Colds versus Flu: How to Tell the Difference

Are you coming down with a cold? Do you have the flu?
The table below shows some differences and similarities between colds and flu.

Differences Between Colds and the Flu	
WITH A COLD:	WITH THE FLU:
Symptoms are usually less severe than flu symptoms	Symptoms are usually more severe than cold symptoms
Symptoms develop gradually over a few days.	Symptoms come on quickly and severely.
You rarely have a fever.	You almost always have a fever .
You feel sick mostly in your head and nose.	Your entire body feels sick.
Body aches, headaches and pain are usually mild if you have them.	Body aches, headaches and pain are common and can be severe.
You may or may not feel tired and weak.	Tiredness and weakness are common.
There is no vaccine to protect you.	You can get vaccine (a shot or the nasal spray) to protect yourself.
There are no prescription medicines to treat colds.	There are prescription medicines to treat the flu.
Similarities Between Colds and the Flu	
WITH A COLD:	WITH THE FLU:
Caused by a virus.	Caused by a virus.
Affects the body's breathing system (nose, throat, windpipe and lungs).	Affects the body's breathing system (nose, throat, windpipe and lungs).
Usually goes away on its own.	Usually goes away on its own.
You should contact your doctor if symptoms change or get worse.	You should contact your doctor if symptoms change or get worse.

Meet Up and Skate!



Join fellow Hillside families at the

Babson Skate Center

to celebrate the new year!

Sunday, January 21, 2018 from 5-6:50 pm

Babson Public Skating Admission Prices

(Cash and Check only)

2 and younger: Free

3-11 years: \$5

12 and older: \$7

Skate rentals will be available at the rink on January 21 for
\$5 per pair

Check or Cash only.

Remember to bring gloves and helmets for all skaters!

Questions? Julie Lanza 781-444-2257.

Bertucci's

*Dining for
Dollars*

When you present this flyer, up to
25% of all proceeds from your event*
will be donated back to:

Hillside School Dining for Dollars Fabulous Fundraiser

Wednesday, January 24th
11:30 am - 9:00 pm

Dine-in or Carryout.**

ALSO RAISE
DOLLARS WITH
2GO

*Bertucci's awards funds raised from fundraising events based on a tiered give-back. Organizers can receive up to 25% when their event generates \$2,000 or more in net sales, excluding tax, tip, gift card sales, and offers/discounts. Give-back Tiers: Raise up to \$999 in net sales and receive 15% back; Raise up to \$1,999 in net sales and receive 20% back; Raise \$2,000 or more in net sales and receive 25% back.

**If ordering online, please select "Pay at Restaurant" and present this flyer when picking up your order to ensure the organization receives your donation.

Bertucci's of Needham - 1257 Highland Avenue, Needham, MA 02492 Ph:781-449-3777

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**Hillside PTC Box Tops Contest
February 5 - 16, 2018**

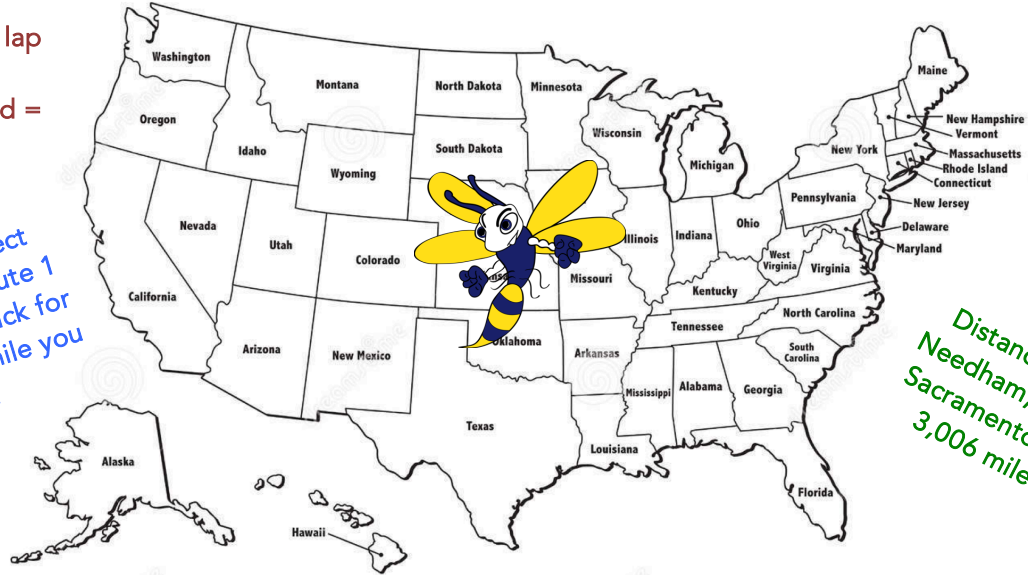
The contest starts February 5. The class that submits the most unexpired Box Tops will win a popsicle party! Contest ends February 16, so **START CLIPPING!**



Hornets Buzz Across America

1 complete lap
around the
Hillside Field =
¼ mile

You can collect
and contribute 1
popsicle stick for
every ¼ mile you
run/walk.



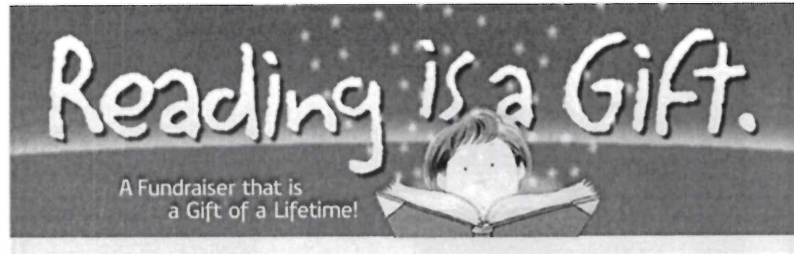
Distance from
Needham, MA to
Sacramento, CA:
3,006 miles!

This year, the Hillside Hornets are going to work together to buzz our way across America!!! We will watch the Hillside Hornet travel across the map that's in the Hillside lobby.

Contribute miles by earning popsicle sticks!!!

How to Participate:

- **Morning Mingle:** Run a lap around the Hillside field on Monday and Friday mornings at Morning Mingle. For every proper ¼ mile lap you complete, you can collect 1 popsicle stick and put it into the collection bucket.
- **Walk/Bike to School:** Earn 2 popsicle sticks for walking/biking to school. Add your popsicle sticks to the collection bucket in the front lobby.
- **BONUS STICKS:** If you participate in the Hillside Trick or Trot on October 29th, you can earn bonus sticks! You will get **10 popsicle sticks** for participation in the Monster Fun Run and **50 popsicle sticks** for participating in the 5K.



Hillside Gift Book Program

Ever wonder about those nameplates in books your child brings home from the media center? Interested in dedicating a book to your child or someone you really cherish? It's so easy to do!

Complete the form below and send in a payment of \$15. When the donation is received, a bookplate will be put inside the cover of a special book to acknowledge the donor and honoree.

All proceeds directly benefit the Hillside Media Center!

In celebration of _____

OR

In honor of _____

Child's or Family's Name _____

Please complete 1 form per book and include \$15 cash or check (payable to "Hillside PTC") per book with this form.

Parent's Name (please print)

Date